

## INSPIRATIONAL MOMENT #26

Mountain Moving Prayer

May 2001

**THOUGHT:** In the stillness of the moment, be still and know that I am God.

**READINGS:** Psalm 46, Psalm 4

**SCRIPTURE: Psalm 46:10-** *Be still and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.*

It's amazing that in the stillness we can know God in the quietness of life. We can see God writing on the pages of our lives, all seen in the stillness of the moment. When nothing is moving--when all is still we can look and see where we've come from. We can see the mountains we've climbed on. We can see the valley's we've treaded through. We can see rough places in our lives made smooth by the hand of love as Jesus reached down with his grace, and mercy and brought us through all--in the stillness.

Be still and know I am God. Have you been still lately? Or has the business of life over shadowed you so that the peace of stillness has passed you by? Have you been so busy you failed to be still? The Word says, "*Be still and know that I am God*". When you're still, you can listen, you can hear God when he speaks. Be still! I challenge you to be still, listen for the voice of God. He promised never to leave us, so He's there. I challenge you to take time to listen. Remember the Word "*Be still and know that I am God.*"

**PRAYER:** Oh, slow me down Lord. Slow me down that I hear your voice when you speak. Slow me down Lord that I not move ahead of you, but that I wait patiently in the quietness of the moments for your guidance in all things. Help me be still Lord and see you. Help me not to be in such a hurry that I fail to recognize you all around me. Give me you Godly wisdom that I see you Lord in the stillness of time, in the quietness of the moment, that I see you Lord and follow. Amen